



YOGHURT-RASPBERRY SMOOTHIEBOWL

Need a quick and healthy breakfast? No problem! This fruity yoghurt-raspberry smoothie bowl with delicious toppings is super easy to make and a great and healthy way to start your day!

INGREDIENTS

For the smoothie (1 Bowl):

300 g yoghurt
300 g raspberries
1 teaspoon agave syrup

Toppings:

1 granola bar
5-6 raspberries
1 tablespoon coconut flakes
2 tablespoons oats
1 tablespoon chia seeds

PREPARATION

For the smoothie, put the raspberries, the yoghurt and the agave syrup in a blender and mix. Fill the thick mixture into a bowl. Cut the granola bar into small pieces and place them on top of the smoothie. Decorate with the rest of the toppings. Of course you're free to choose toppings of your own - such as almonds, peanut butter or chocolate chips.

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