



RASPBERRY-KIWI-MINT-WATER

The ultimate freshness kick for the summer: our raspberry-kiwi-mint-water! Both still and sparkling can be easily prepared in the BODDELS SUND glass carafe. Skewer, let rest & enjoy – that's just how easy healthy drinking can be!

INGREDIENTS

For 1 L:

10 raspberries
1 kiwi
4-5 mint leaves
1 L water

PREPARATION

Wash the raspberries and the kiwi and cut the kiwi into slices. Put them alternately with the mint on the fruit skewer of the BODDELS SUND glass carafe. Fill with water (still or sparkling), let it rest for about six to eight hours in the refrigerator and then enjoy cold. You can refill the glass carafe about two or three times before removing the fruits from the skewer.

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You can find more recipes for infused water, smoothies, teas
and other healthy drinks on www.boddels.com