



Orange-Basil-Water

Try this delicious orange & basil water recipe - fruity, refreshing and perfect for anyone who doesn't like the taste of plain water! This is a quick & easy way to add lots of taste to your water, since orange is great for infusing. Add some basil and you get a delightful infused water with just two ingredients. Freshness in just a few simple steps - we'll show you how it's done!

Ingredients

For 1 L:

One small orange
7-8 basil leaves
1 L sparkling or still water

Preparation

Wash the orange under hot water, cut it in half and then cut both halves into slices. Pluck the basil leaves and wash them as well. Put the orange slices and the basil leaves alternately on the fruit skewer of the SUND glass carafe. Tip: To prevent the orange slices from sliding down the skewer, make sure to spear the peel, not the pulp. Fill the carafe with still or sparkling water and add the fruit skewer to it. Now let the water infuse for at least two hours. Your orange-basil water is ready! You can also enjoy your infusion on the go - simply fill it into a suitable drinking bottle from BODDELS.

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You can find more recipes for infused water, smoothies, teas and other healthy drinks on www.boddels.com