AGUA FRESCA WITH PEACH AND LIME

Agua fresca is a typical mexican drink – light fruity, not too sweet and always served ice cold. It's not only delicious, but also very easy to make. Try our recipe for agua fresca with peach and lime and enjoy a fruity refreshment with an intense taste and only a few calories!

INGREDIENTS

For 1 L:

1 L still water
500 g peaches
50 ml lime juice
1 teaspoon agave syrup
Ice cubes
Mint to garnish

PREPARATION

First peel the peaches, remove their core and cut them into small pieces. Put them in a blender, add the water and mix. Run the mixture through a sieve into the SUND glass carafe. Finally, add the lime juice and the agave syrup and stir. Agua fresca is always served cold with ice cubes. For some extra freshness, garnish with mint!

boddels®

You can find more recipes for infused water, smoothies, teas and other healthy drinks on www.boddels.com